




January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Movable Feast Catering 2510 West Fifth Street • Wilmington, DE 19805 Tel: 302-656-8892 M-F 11 a.m. to 7 p.m. • Sat 11 a.m. to 3 p.m. • Closed Sunday www.movablefeastde.com			 Soup Of The Month: Healthy Beans for 2018		
	1  Closed	2 Garlic Shrimp with Feta and Spinach	3 Ham and Cabbage	4 Lemon Sole	5 Eggplant Caprese	6 Grilled Cheese and Bacon
7	8 Sweet Potato and Lentil Casserole	9 Spinach Meatballs	10 Sesame Salmon Wednesday Night Dinner Eating Clean in 2018!	11 Roast Pork with Sauerkraut & Potatoes	12 Citrus Duck	13 Pork Sandwich
14	15 Chickpeas and Eggplant	16 Seafood Shells	17 Lamb Pot Roast	18 Turkey Pot Pie	19 Sausage and Peppers	20 Sausage Melt
21	22 Harissa Black Bean & Butternut	23 Flank Steak au Poivre	24 Cod Potato Crust	25 Tuscan Chicken w/Rosemary, Lemon and Olives	26 Beef Mushroom Chinois	27 Ham and Cheddar Melt
28	29 White Bean Portabella	30 Cranberry Orange Cornish Hens	31 Cornmeal Crusted Trout			